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BUFFALO LITHIA SPRINGS,

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MECKLENBURG COUNTY, VIRGINIA.

HEALTH PRIMER.

GOUTY OR URIC-ACID DIATHESIS, INFLAMMATIONS OF THE  
BLADDER AND KIDNEYS, BRIGHT'S DISEASE, DISORDERS  
OF THE STOMACH AND NERVOUS SYSTEM, AFFEC-  
TIONS PECULIAR TO WOMEN, MALARIAL  
POISONING, &c.

THIS WATER AS A TABLE WATER.

Testimonials of Well-Known Medical Experts.

Statements of Hon. Roscoe Conkling, of New York, and  
of Hon. Alexander H. Stephens, of Georgia.

THOMAS F. GOODE, PROPRIETOR

POST-OFFICE ADDRESS:

BUFFALO LITHIA SPRINGS, VIRGINIA.

BALTIMORE:  
PRINTED BY KING BROTHERS,  
163 West Baltimore Street.  
1881.

# THESE WATERS AT THE SPRINGS.

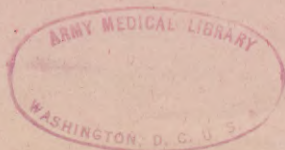
These Waters, fresh from the Springs, *are without taste or odor to distinguish them from ordinary drinking water.*



## CAUTION!

Since these Waters have attained so great celebrity, a number of waters have been placed upon the market, claiming to be Lithia Water, and to be in all respects similar to these.

The proprietors of some of the waters referred to are, by very artful means, endeavoring to mislead the public so far as to induce the purchase of their waters under the impression that they are the waters of the *Buffalo Lithia Springs, of Mecklenburg County, Virginia.* There are *manufactured* waters upon the market, claiming to be the waters of these Springs, and there is reason to believe that bottles, bearing the trade mark of the proprietor, are sometimes bought up, refilled with the common drinking water of the country, and sold for these waters. Every bottle, however, of the genuine Buffalo Lithia Water, will be found to have the trade mark above given, but the surest guarantee for getting the genuine article is to buy *only from well-known parties.*



Wm. M. M. 10. 544



# BUFFALO LITHIA SPRINGS,

Mecklenburg County, Virginia.

## Location.

This watering place is five hundred feet above the level of the sea, and twelve miles from the Scottsburg depot on the Richmond and Danville Railroad.

The springs are three in number, known as Nos. 1, 2 and 3. That all these springs possess remarkable remedial virtues is a well established medical fact. Spring No. 2, however, is that now attracting so large a share of attention, both of the medical profession and of the invalid public.

The following is the analysis of this Spring, made by Prof. William P. Tonry, of the Maryland Institute, Baltimore, March 17th, 1874. Results expressed in grains per imperial gallon.

	GRAINS
Sulphate of Magnesia.....	0.885
Alumina.....	9.067
Lime.....	33.067
Carbonate of Potash.....	29.300
Bicarbonate of Lime.....	14.963
Lithia.....	2.250
Baryta .....	1.750
Iron.....	0.300
Chloride of Sodium.....	4.921
Silica.....	1.873
Phosphoric Acid.....	traces.
Iodine.....	traces.
Organic matter.....	small amount
<hr/>	
Total number of grains per gallon.....	98.376
Sulphuretted hydrogen.....	8.3 cu. in.
Carbonic acid gas.....	59.2 "

This water is APERIENT, ALTERATIVE, TONIC, and POWERFULLY DIURETIC.

### Its Medical Uses.

The various maladies to which this water is adapted is fully indicated by the testimony of medical men, found in the following pages, except as to its action in CHRONIC DIARRHŒA and in various forms of BLOOD POISON, showing itself in ECZEMA and other CUTANEOUS DISORDERS. In CHRONIC DIARRHŒA, where caused, as is frequently the case, by acidity of the *stomach* or *intestines* or *bile*, its action is often very happy and decided. In nothing has it accomplished results more remarkable than in ECZEMA of URIC ACID origin, and in various other forms of SKIN DISEASE.

Several eminent medical gentlemen, whose statements appear in the following pages, refer in *general terms* to the value of this water in AFFECTIONS PECULIAR TO WOMEN. It may be satisfactory to add that experience in its use has established its value in UTERINE ENGORGEMENTS and ULCERATIONS, LEUCORRŒA and in SUPPRESSED and DIFFICULT MENSTRUATION.

### This Water as a Table Water.

It is held by most writers on mineral waters, that they should be taken, for the most part, on an empty stomach, and, perhaps, as a general rule, this is a sound one. There are many cases, however, in which this water is strongly advised by the profession to be taken in moderate quantities, say one or two goblets of the ordinary size, *during meals*. Taken as indicated, it will be found to INCREASE THE APPETITE, PROMOTE DIGESTION, AND PREVENT AN EXCESSIVE PRODUCTION OF ACID DURING THE PROCESS OF DIGESTION. A small quantity, taken after meals, will, as a general rule, *relieve any disturbance resulting from any excessive or imprudent indulgence*. MANY PERSONS WHO CANNOT ORDINARILY USE MILK OR CREAM, WILL FIND THAT BY ADDING ONE-FOURTH PART OF THE WATER OF SPRING No. 2, IT WILL MAKE THEM NOT ONLY ACCEPTABLE, BUT VALUABLE ARTICLES OF DIET.

### Suggestions as to the Quantity of Water to be Taken, &c.

From six to eight glasses, of the ordinary size, is about the average quantity of this water taken by invalids a day, and this is supposed to be sufficient in most cases; some, however, take from ten to twelve; others only three or four. In derangements of the DIGESTIVE ORGANS especially, the lesser quantity has often been productive of great good. In GOUT, RHEUMATISM, STONE, GRAVEL or ECZEMA, it should be taken freely.

It is impossible to prescribe a standard that would be applicable to all cases. Experience will, perhaps, prove the best guide in the matter. Nor can any general rule be laid down as to the length of time for which the water should be used. While in some cases it is prompt in its action, in others it requires *continuous use for weeks, and sometimes for months*, to make any decided impression upon the system.

### The Waters for Sale.


These waters are put up in cases of one dozen half-gallon bottles, and delivered at the *Scottsburg Depot of the Richmond and Danville railroad*, at \$5 per case:



All orders for the water must be accompanied by the money, or its equivalent. In future this requirement will be rigidly adhered to in all cases.

Cases of empty bottles sent to the Depot, *freight pre-paid, well packed and corked*, will be taken, refilled and returned to the Depot at three dollars (\$3.00) per case.

*Glass vessels or barrels with metallic lining* sent, *FREIGHT prepaid*, will be filled and returned to the depot, at 40 cents per gallon.

 Special contracts made for the purchase of the Buffalo Lithia Springs' bottles in quantities.

### **The attention of Druggists and of Consumers of this Water is specially invited to the following Statement of Facts :**

Occasionally one or two bottles will be found in a case in which **SULPHURETTED HYDROGEN** has been generated after packing, giving to the water the taste and odor of a sulphur water. Why the sulphuretted hydrogen is not generated in all bottles alike, I cannot undertake to determine.

Complaint is often made of a vegetable substance of a brownish color, sometimes found as a sediment in the bottles. This substance, the presence of which cannot be accounted for, is frequently found floating in the Spring, sometimes in much larger quantities than others, and no possible care can keep it from finding its way into the bottles.

THOMAS F. GOODE, Proprietor,

BUFFALO LITHIA SPRINGS, VIRGINIA.

# DISTINGUISHED MEDICAL TESTIMONY.

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AFFECTIONS OF THE NERVOUS SYSTEM, COMPLICATED WITH  
BRIGHT'S DISEASE OF THE KIDNEYS, OR WITH A GOUTY  
DIATHESIS, CEREBRAL HYPERÆMIA, &c.

*Dr. Wm. A. Hammond, of New York, Surgeon General U. S. Army, (retired,) Professor  
of Diseases of the Mind and Nervous System in the University of New York, etc.*

"I have for some time made use of the Buffalo Lithia Water in cases of affections of the NERVOUS SYSTEM, complicated with BRIGHT'S DISEASE OF THE KIDNEYS, or with a GOUTY DIATHESIS. THE RESULTS HAVE BEEN EMINENTLY SATISFACTORY. Lithia has for many years been a favorite remedy with me in like cases, but the BUFFALO WATER CERTAINLY ACTS BETTER THAN ANY EXTEMPORANEOUS SOLUTION OF THE LITHIA SALTS, AND IS, MOREOVER, BETTER BORNE BY THE STOMACH. I also often prescribe it in those cases of CEREBRAL HYPERÆMIA, *resulting from over-mental work*—in which the condition called NERVOUS DYSPEPSIA exists—AND GENERALLY WITH MARKED BENEFIT."

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URIC ACID GRAVEL, RHEUMATIC GOUT, AND DISEASES GENERALLY OF THE URIC ACID DIATHESIS, NERVOUS AND ACID DYSPEPSIA, DISEASES PECULIAR TO WOMEN.

THIS WATER A POWERFUL NERVOUS TONIC.

*Dr. Hunter McGuire, Richmond, Virginia, late Professor Surgery Medical College of Virginia; Medical Director on the Staff of Gen. T. J. (Stonewall) Jackson; Vice-President of the International Medical Congress; Vice-President American Medical Association*

"Buffalo Lithia Water as an ALKALINE DIURETIC is invaluable. In URIC ACID GRAVEL, and, indeed, in diseases generally of the URIC ACID DIATHESIS, it will be found a remedy of EXTRAORDINARY POTENCY. I have prescribed it in cases of OLD RHEUMATIC GOUT, which had RESISTED THE ORDINARY REMEDIES WITH WONDERFULLY GOOD RESULTS. I have also used it in my own case, being a great sufferer from this malady AND HAVE DERIVED MORE BENEFIT FROM IT THAN FROM ANY OTHER REMEDY. It has remarkable adaptation in diseases of the DIGESTIVE ORGANS. In that condition especially known as NERVOUS DYSPEPSIA, caused by over-mental taxation, where, too, there is an EXCESS of ACID in the process of DIGESTION, the happiest results may be anticipated from it. The general opinion as to its value in DISEASES PECULIAR TO WOMEN, which I expressed several years ago, I have had fully confirmed by subsequent experience. IN THIS CLASS OF DISEASE IT IS UNQUESTIONABLY DESERVING OF VERY HIGH COMMENDATION. This water has never failed me as a POWERFUL NERVOUS TONIC when I have prescribed it as such. I sometimes think it must contain HYPOPHOSPHITES of LIME and SODA. *It acts as that compound does—as a TONIC and ALTERATIVE.*"



## THE GOUTY DIATHESIS, CHRONIC INFLAMMATIONS OF THE BLADDER, &c.

*Dr. Alexander B. Mott, of New York, Professor Surgery Bellevue Hospital Medical College, Surgeon Bellevue Hospital.*

"I HAVE MADE SUFFICIENT USE OF THE BUFFALO LITHIA WATER TO BE SATISFIED THAT IT POSSESSES VERY VALUABLE THERAPEUTIC PROPERTIES. IN THE GOUTY DIATHESIS, CHRONIC INFLAMMATIONS OF THE BLADDER, AND OTHER DISEASES AFFECTING THE URINARY ORGANS, IT MAY BE RELIED ON TO GIVE THE MOST SATISFACTORY RESULTS."

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## CHRONIC INFLAMMATION OF THE BLADDER, WHETHER RESULT- ING FROM STONE, ENLARGED PROSTATE OR NEGLECTED GONORRHOEA.

*Dr. Robert Battey, of Georgia, Suggestor of Battey's Operation, Member of the American Medical Association, &c.*

"I WOULD STATE THAT I HAVE BEEN USING THE BUFFALO LITHIA WATER No. 2, IN MY PRACTICE FOR THREE YEARS PAST, IN CASES OF CHRONIC INFLAMMATION OF THE BLADDER, WHETHER INDUCED BY STONE, BY ENLARGED PROSTATE IN THE AGED, OR BY NEGLECTED GONORRHOEA, AND HAVE SECURED EXCELLENT RESULTS, WHICH ENCOURAGE ME TO PRESCRIBE IT FOR THE FUTURE."

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## CHRONIC INTERSTITIAL NEPHRITIS OR INFLAMMATIONS OF THE KIDNEYS, GOUTY AND RHEUMATIC AFFECTIONS.

*Dr. Alfred L. Loomis, of New York, Professor of Institutes and Practice of Medicine Medical Department University of New York, Visiting Physician Bellevue Hospital, Consulting Physician Charity Hospital, New York.*

"The Buffalo Lithia Water is a potent ALKALINE DIURETIC, and wherever such a remedy is required, its action is very happy and decided. For the past four years I have used it in the treatment of chronic INTERSTITIAL NEPHRITIS occurring in GOUTY and RHEUMATIC subjects, with the most MARKED BENEFIT. In all GOUTY and RHEUMATIC AFFECTIONS, I regard it as HIGHLY EFFICACIOUS."

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## GOUT, STONE, VOMITING OF PREGNANCY, ACID DYSPEPSIA, BRIGHT'S DISEASE, &c. THIS WATER A NERVOUS TONIC AND EXHILARANT.

*Dr. Harvey L. Byrd, of Baltimore, Maryland, Formerly Professor of Materia Medica and Therapeutics, and of the Principles and Practice of Medicine, and late Professor of Obstetrics and of Diseases of Women and Children.*

"I have witnessed excellent results from the action of the Buffalo Lithia Water in CHRONIC GOUT, RHEUMATIC GOUT, RHEUMATISM, GRAVEL, and STONE in the BLADDER. In CHRONIC FEMALE diseases, especially those connected with the URO-GENITAL ORGANS, it may be regarded as *well nigh specific*. I have found it valuable both as a remedy and prophylactic in the PARTURIENT or PREGNANT condition, for the relief of troublesome VOMITING

and the prevention of PUERPERAL ECLAMPSIA or CONVULSIONS. It is an admirable general TONIC and RESTORATIVE, INCREASING THE APPETITE, PROMOTING DIGESTION, and INVIGORATING THE GENERAL HEALTH. It is POWERFULLY ANTI-ACID and especially efficacious in what is commonly known as ACID DYSPEPSIA. It is strongly commended to a very large class of sufferers by a peculiar power as a NERVOUS TONIC and EXHILARANT, which makes it exceedingly valuable where there is nothing to contra-indicate its use, in all cases where NERVOUS DEPRESSION is a symptom. This Water has an *ascertained* VALUE IN BRIGHT'S DISEASE. A KNOWLEDGE OF ITS ACTION IN THAT DISEASE THUS FAR, WOULD SEEM TO WARRANT THE BELIEF THAT IT WOULD IN MANY INSTANCES, AT LEAST IN ITS EARLY STAGES, ARREST IT ENTIRELY; AND IN ITS MORE ADVANCED STAGES, PROVE A DECIDED COMFORT AND PALLIATIVE."

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NAUSEA AND VOMITING OF PREGNANCY, URÆMIC POISONING,  
COMPLICATING THAT CONDITION, &c., MENSTRUAL DIS-  
ORDERS, &c.

*Dr. William H. Doughty, of Augusta, Georgia, Professor of Materia Medica and Therapeutics, Medical College of Georgia; Surgeon in charge of General Hospital, Confederate Army; Member of American Medical Association, &c.*

"Over the NAUSEA and VOMITING of PREGNANCY, particularly in the latter months, where URÆMIC CONDITIONS are possibly established, and in PUERPERAL CONVULSIONS, URÆMIA co-existing, the Buffalo Lithia Water often exerts marked control. In GENITO-URINARY DISEASES, especially CATARRH of the BLADDER in FEMALES, I have found it very efficacious. Whenever MENSTRUAL or UTERINE DISORDERS are produced or intensified by such a state of the BLADDER, it becomes a valuable adjunct to other treatment. I prescribe it with the utmost confidence in all forms of INDIGESTION, due to CHRONIC CATARRH of the MUCOUS MEMBRANES, WITH EXCESS OF ACID; also in the secondary or symptomatic DYSPEPSIA of UTERINE and RENAL origin. In the GOUTY DIATHESIS its value is well established."

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GOUTY DIATHESIS.

*Dr. Horatio C. Wood, Professor of Materia Medica, &c., in the Medical Department of the University of Pennsylvania, in the Medical Times, of July 20, 1878.*

"The water of the Buffalo Springs, of Mecklenburg county, Virginia, was brought to our notice by a Baltimore physician, who had been relieved by its use of some very troublesome and alarming symptoms, believed to be due to an inherited GOUTY DIATHESIS. Trial in one or two cases of INVETERATE CHRONIC GOUT has afforded much satisfaction to us, free diuresis being provoked and FOLLOWED BY RELIEF OF SYMPTOMS."

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DIABETES MILLITUS.

*\*Dr. Thos. M. Darnall, Griffin, Ga.*

"On the 12th day of April, 1878, I was called to see Mary, a child about seven years of age. I found her with decided fever, distressing nausea, insatiable thirst, a dry skin, very restless, torpid bowels, with extreme emaciation and debility. She was passing an unusual quantity of water, about three gallons per day.

\*The relief in this case was from Spring No. 1. Both Nos. 1 and 2 have accomplished remarkable results in DIABETES. The former, however, is regarded as of much greater potency and of much more uniform efficacy in this disease.



"On examination, I found it had the characteristic color and smell of DIABETIC URINE. Under Trommer's test it yielded abundant evidence of the presence of Glucose, (DIABETIC SUGAR.) Its specific gravity was found to be 1030. Under treatment, she improved sufficiently to be sent to the Buffalo Lithia Springs of Virginia, which place she visited in the month of August, when her condition was so much improved that she returned home in the fall almost entirely free from disease. She is now, March 6th, 1879—about a year from the attack—enjoying good health, lively, cheerful and playful.

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INFLAMMATIONS OF THE UTERUS AND BLADDER, GOUTY, RHEUMATIC OR ACID DIATHESIS, NEURALGIAS AND DYSPEPSIAS, SCARLET FEVER, ALBUMINURIA OF PREGNANCY.

*Dr. James B. McCaw, Professor of the Practice of Medicine in the Virginia Medical College.*

[Extract from the proceedings of the Richmond Academy of Medicine, October 15, 1878, taken from the Virginia Medical Monthly of December, 1878.]

"BUFFALO LITHIA WATERS, OF MECKLENBURG COUNTY, VA., IN FEMALE AND OTHER DISEASES.—Prof. James B. McCaw, (PROFESSOR of the PRACTICE of MEDICINE in the Virginia Medical College at Richmond,) reported two cases of great irritability of the UTERUS and BLADDER, WHEN ALL OTHER TREATMENT HAD FAILED—BOTH LOCAL AND GENERAL—which were very much relieved by the use of the 'Buffalo Lithia Water.'"

Dr. McCaw also spoke of the great value of these waters in the "GOUTY, RHEUMATIC or ACID DIATHESIS," in "NEURALGIAS and DYSPEPSIAS," in the management of "SCARLET FEVER," and in "ALBUMINURIA of PREGNANT WOMEN."

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GOUT.

*Dr. John T. Metcalf, of New York, Emeritus Professor of Clinical Medicine, College of Physicians and Surgeons, New York.*

"I have for some years prescribed the Buffalo Lithia Water for patients and used it in my own case for GOUTY trouble, with decided beneficial results, and I regard it certainly AS A VERY VALUABLE REMEDY."

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URIC-ACID DIATHESIS, GRAVEL, GOUT, ECZEMA, &c.

*Dr. J. S. Wellford, Professor of Diseases of Women and Children, Medical College of Virginia.*

"I have paid a great deal of attention to URINARY TROUBLES, and have frequently and freely prescribed the Lithia Water in their treatment, with the very best results. In all the various forms of the URIC-ACID DIATHESIS, whether as well-formed GRAVEL or GOUT, or in the milder forms of GOUTY DYSPEPSIA or NETTLERASH in their varieties, I KNOW OF NO MINERAL WATER WHICH I CONSIDER AT ALL EQUAL TO THAT OF SPRING No. 2.

"In many SKIN DISEASES of old age, dependent on the URIC-ACID DIATHESIS, such as ECZEMA, etc., this water acts most beneficially."

NAUSEA AND ALBUMINURIA OF PREGNANCY, DISEASES OF THE  
UTERINE SYSTEM, URIC-ACID DIATHESIS, &c. THIS WATER  
AS A NERVOUS TONIC.

*Dr. P. W. Young, of Oxford, North Carolina, Member of the North Carolina Medical Association, Surgeon in charge of General Hospital Confederate States Army.*

"The Buffalo Lithia Water possesses, in an eminent degree, the power of allaying NAUSEA and GASTRIC DISTRESS. While in the NAUSEA of PREGNANCY, all remedies act with great uncertainty, the most satisfactory results which I have obtained from any remedy in this condition, have been from this water. I recommend it with much more confidence, however, and have seen results much more remarkable from it in the latter months of PREGNANCY, when there is OEDEMA from imperfect action of the kidneys, and when ALBUMEN is present in the urine. Its action in this condition of the system prevents PUERPERAL CONVULSIONS. Prominent among the virtues of this water is the decided and uniform control which it exerts over diseases of the UTERINE SYSTEM. In the obstructions to which young women are more particularly subject when in any way resulting from, or dependent upon, IMPAIRED DIGESTION or NERVOUS DEBILITY, I know of no remedy of equal value. I prescribe it with great confidence in all cases of NERVOUS DEPRESSION or EXHAUSTION, unattended by organic lesion. Its general adaptation and EXTRAORDINARY REMEDIAL POWER in AFFECTIONS GENERALLY of the KIDNEYS and BLADDER, is neither questioned or questionable; and the same may be safely said as to its efficacy in GOUT, RHEUMATISM, and diseases generally dependent upon URIC-ACID DIATHESIS."

RENAL CONGESTION AND URÆMIC POISONING, COMPLICATING  
PREGNANCY.

*Dr. Martin L. James, of Richmond, Virginia, Professor of Materia Medica and Therapeutics, Medical College of Virginia.*

[Proceedings of the Richmond Virginia Academy, December 16th, 1880.]

"At a meeting of the Richmond Academy of Medicine, December 16th, 1879, Dr. M. L. James, its President, reported to that body a case of CONGESTION of the KIDNEYS in a lady eight months advanced in PREGNANCY, attended by marked OEDEMA, both over the extremities and surface, and by URÆMIC POISONING to such an extent as very seriously impaired the vision of the patient. The symptoms had filled him with the gravest apprehension as to the issue of the labor. Under the influence, however, of the Lithia Water, freely administered for three weeks, the alarming features of the case disappeared, and she was delivered without any untoward symptoms. Other remedies, said Dr. James, were used in this case, but the favorable result seemed clearly attributable to the action of the water."

MALARIAL CACHEXIA, ATONIC DYSPEPSIA, AFFECTIONS PECULIAR  
TO WOMEN, &c.

*\*Dr. O. F. Manson, of Richmond, Virginia, Professor of General Pathology and Physiology in the Medical College of Virginia.*

"I have observed marked sanative effects from the Buffalo Water in MALARIAL CACHEXIA, ATONIC DYSPEPSIA, some of the PECULIAR AFFEC-

\* This communication was made before the discovery of Spring No. 2, and consequently refers exclusively to the original Buffalo Spring, now known as No. 1.

Both waters have, to a great extent, a common adaptation, but No. 2 is regarded, as a general rule, as most efficacious in the maladies in which they are indicated. In some exceptional cases, especially in CATARRH of the BLADDER and in DIABETES, No. 1 has proved more efficient than No. 2.



TIONS OF WOMEN, ANEMIA, HYPOCHONDRIASIS, CARDIAC PALPITATIONS, &c. It has been found ESPECIALLY EFFICACIOUS in CHRONIC INTERMITTENT FEVER, NUMEROUS CASES OF THIS CHARACTER WHICH HAD OBSTINATELY WITHSTOOD THE USUAL REMEDIES, HAVING BEEN RESTORED BY IT TO PERFECT HEALTH IN A BRIEF SPACE OF TIME."

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#### URINARY CALCULI.

*Dr. Henry M. Wilson, of Baltimore, Ex-President Medical and Chirurgical Faculty of Maryland.*

"My experience in the use of the Buffalo Lithia Springs' Water has not been large, but it is of such a positive character that I do not hesitate to express my preference for it, as a DIURETIC in URINARY CALCULI, OVER ALL OTHER WATERS THAT I HAVE EVER USED."

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#### ALBUMINURIA OF SCARLET FEVER.

*Extract from communication of Dr. C. W. P. Brock, of Richmond, Va., (member of the State Medical Society,) in the Virginia Medical Monthly for November, 1878.*

"During the epidemic of SCARLET FEVER, which has been prevailing for a year in this city, and is yet scarcely ended, I have been giving my patients Buffalo Lithia Water *ad libitum*, and to the exclusion of all other water for drinking purposes. IN NO CASE SINCE I HAVE PURSUED THIS COURSE HAVE I SEEN EVEN A TRACE OF ALBUMEN IN THE URINE OF SCARLATINAL PATIENTS, EITHER DURING THE ATTACK OR THE CONVALESCENCE. With this experience in a number of cases, and hearing of favorable results in the practice of other physicians in this city who have used the same means, I have thought it worthy of note in your journal. If this result is *propter hoc*, we are enabled to rid SCARLET FEVER OF ONE OF ITS MOST DANGEROUS CONCOMITANTS."

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#### NAUSEA AND URÆMIC POISON OF PREGNANCY.

*Dr. Caleb Winslow, 23 McCulloh street, Baltimore, Member of the Medical and Chirurgical Faculty of Maryland.*

"I have found the Buffalo Lithia Water of marked service in relieving the NAUSEA OF PREGNANT WOMEN. I frequently resort to it at intervals during the whole course of Pregnancy. Being antacid, laxative, diuretic and tonic, it seems well adapted to relieve the disturbances usually attendant upon GESTATION, and I have no doubt its free use might remove URÆMIC POISON, AND PREVENT CONVULSIONS PRODUCED THEREBY."

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#### URIC-ACID DIATHESIS, DISTURBED MENSTRUAL FUNCTION, BRIGHT'S DISEASE, &c.

*Dr. Thomas P. Allison, at one time President of the Virginia Medical Association.*

"No intelligent observer, I think, can fail to note the decided action of the Buffalo Lithia Water in diseases belonging to the URIC-ACID DIATHESIS.

"In GRAVEL, of URIC ACID origin, it is well nigh specific. In INFLAMMATION, ULCERATION, HÆMATURIA, and other affections of the KIDNEYS and BLADDER, requiring an ALKALINE ALTERATIVE and DIURETIC, it is scarcely less potent.

"The best results which I have known from any remedy in BRIGHT'S DISEASE have been from this water, and I regard it as promising more in the treatment of this malady than any other now known to the profession.

"In CHRONIC GONORRHEA, and SYPHILITIC AFFECTIONS of every character in a secondary form, it is a remedy of great excellence."

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### NAUSEA OF PREGNANCY.

*Dr. Roy B. Scott, Trinity Mills, Dallas County, Texas.*

"My wife, in three PREGNANCIES, suffered from extreme gastric IRRITABILITY—so much so in two of them as to result in the birth of seven-months children; in the third, the symptoms were so aggravated as to excite serious apprehension as to the result. After using, without a palliation of her sufferings, every other remedy that medical intelligence could suggest, I put her upon the Buffalo Lithia Water of Spring No. 2, which afforded prompt and permanent relief; its continued use enabling her to carry the fetus to its full time. I regard this water as invaluable in such cases. *It allays NAUSEA, regulates the bowels and kidneys, and affords a relief for which women in this condition often look in vain.*"

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### CACHEXIA AND SEQUELS INCIDENT TO MALARIOUS FEVERS, ATONIC DYSPEPSIA, AFFECTIONS PECULIAR TO WOMEN, &c.

\* *Dr. Wm. T. Howard, of Baltimore, Maryland, Professor of Diseases of Women and Children in the University of Maryland.*

[Note by the proprietor, stating some differences in the action of Springs Nos. 1 and 2, especially in DIABETES MILLITUS.]

Dr. H. attests the efficacy of the water of Spring No. 1 in "a wide range of cases," and more especially "in the CACHEXIA and SEQUELS incident to MALARIOUS FEVERS in all their grades and varieties, certain forms of ATONIC DYSPEPSIA, and all the AFFECTIONS PECULIAR TO WOMEN that are remediable at all by mineral waters," and adds the following: "WERE I CALLED UPON TO STATE FROM WHAT MINERAL WATERS I HAVE SEEN THE GREATEST AND MOST UNMISTAKABLE AMOUNT OF GOOD ACCRUE IN THE LARGEST NUMBER OF CASES IN A GENERAL WAY, I WOULD UNHESITATINGLY SAY THE BUFFALO SPRINGS, IN MECKLENBURG COUNTY, VIRGINIA."

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\* At the date of this communication Spring No. 2 was unknown, and the reference of Dr. H. was, of course, exclusively to Spring No. 1. In the diseases mentioned by him, as also in others, Springs Nos. 1 and 2 have a common adaptation. In affections generally of the KIDNEYS and BLADDER, however, No. 2 is of greater potency and of much more universal application; but in DIABETES MILLITUS, and in other Cases, attended by EXCESSIVE URINARY DISCHARGE, No. 1 has proved more generally and uniformly efficacious. Both waters have proved highly efficacious in Chronic Diarrhea. No. 1, however, is regarded by the profession as much more especially indicated in this malady. It is often by experiment alone that it can be determined which of the two waters is to be preferred where they have common adaptation.

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### SUPPRESSION OF URINE ATTENDING PREGNANCY.

*Dr. Preston Roan, of Winston, North Carolina.*

"Mrs. ——— was in the latter stages of GESTATION. There was almost total suppression of urine, and her condition such as strongly indicated CONVULSIONS. After a failure of all other diuretics, the Buffalo Lithia Water, half gallon a day, produced a copious action on the kidneys, which was followed by the relief of the alarming symptoms, and I attribute the safe termination of the case entirely to the use of this water. It unquestionably possesses extraordinary potency and value as an ALKALINE DIURETIC."



## ALBUMINURIA AND NAUSEA OF PREGNANCY.

*Dr. G. A. Foote, of Warrenton, North Carolina; Ex-President State Medical Society; Member of the Board of State Medical Examiners, and Member of the State Board of Health.*

"I have frequently used the Buffalo Lithia Water (Spring No. 2) in the ALBUMINURIA attending PREGNANCY, and I have no hesitancy in saying that I regard it as the most efficacious remedy I have ever prescribed for this malady. I have also prescribed it, and am now using it, in the NAUSEA OF PREGNANCY, with the most marked and gratifying results."

## MALARIAL POISONING. THIS WATER AN ANTIDOTE TO THE ACIDS

*Hon. ROSCOE CONKLING, U. S. Senator from New York.*

"Buffalo Lithia Water was first brought to my notice last year while suffering from severe MALARIAL DISORDER. I say "MALARIAL" because the doctors said so. After trying other remedies, without benefit, I found prompt relief from the water; and when there has been any return of my unpleasant symptoms, it has always relieved me. Several to whom I have recommended it make like favorable report of it. *I am a strong believer in its power as an ANTIDOTE to the ACIDS, which it neutralizes.* I have pleasure in saying this, and shall continue to advise my neighbors and acquaintances to try the water."

Mr Conkling is right. This water is a POWERFUL ANTIDOTE to the ACIDS—and from the acids in excess in the system originate GOUT, RHEUMATISM, STONE, GRAVEL, ECZEMA, DYSPEPSIAS, NEURALGIAS, and numerous other maladies to which flesh is heir. Hence, the almost universal adaptation of it to Chronic Disease. It NEUTRALIZES THE ACIDS, striking at once at the source of these numerous maladies. Taken ESPECIALLY DURING MEALS, IT PREVENTS the generation of acids during the process of nutrition, and thus acts as a PREVENTIVE OF DISEASE RESULTING FROM THEM. This gives to it its great value as a TABLE WATER.

## ELIMINATION OF UREA FROM THE BLOOD.

*Statement of Hon. ALEXANDER H. STEPHENS, of Georgia.*

"I have used the Buffalo Lithia Water occasionally for a number of years. I keep a supply constantly on hand, as well when I am in Washington as when I am at home. *I have derived incalculable benefit from it.* Its most beneficial efficacy in my case is in promoting the ELIMINATION of the UREA from the BLOOD in the secretion of URINE—this, at least, is what I understand to be the explanation given by attending physicians. I have tried the waters of the celebrated Summit Springs of Maine, those of Tate's Springs of Tennessee, and also the renowned Bethesda Springs, &c., but none have effected me so favorably as the Buffalo Lithia Springs, in Mecklenburg county, Virginia."

## CHRONIC INFLAMMATION OF THE BLADDER

*Rt. Rev. Alexander Gregg, D. D., LL.D, Bishop of the Diocese of Texas.*

"For many years I was a great and constant sufferer from INFLAMMATION of the BLADDER, which proved unamenable to treatment. The past Summer I spent at the Buffalo Lithia Springs, Virginia, using exclusively the water of Spring No. 2. The result was soon apparent in marked relief, and has been since in almost entire exemption from this long-standing trouble. While at the Springs I witnessed evidences of the remarkable remedial power of this water in a variety of diseases. In affections generally of the KIDNEYS and BLADDER I regard it as of inestimable value."

## NERVOUS EXHAUSTION RESULTING FROM OVER-MENTAL TAXATION.

*Rev. R. A. Goodwin, of the Diocese of Virginia, Rector of Salem Parish, Virginia.*

"For the depressed, worn down NERVOUS SYSTEM, especially when resulting from OVER-MENTAL LABOR or ANXIETY, I know of no tonic so prompt and efficacious in its action as the Buffalo Lithia Waters. They are a gentle exhilarant of the brain, and act at the same time most happily as a restorative, both physically and mentally. When suffering complete exhaustion of body and mind, from the over taxation of both in the discharge of exacting pastoral duties, and when my mind seemed incapable of action, I have often been restored by their use for a few days to healthful vigor. I am never without a supply of this water, and know of no substitute for it in this respect. It might be used, I think, with decided advantage by all persons subject to the waste of nerve power incident to all mental pursuits."

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## KIDNEY TROUBLES.

*Rev. Moses D. Hoge, D. D., of the Synod of Virginia, Richmond, Virginia.*

"The free and continuous use of the Buffalo Lithia Water has relieved me entirely from some KIDNEY TROUBLES. Since I have been using it, I have enjoyed the best health of my life. *I use no other water.*"

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## DYSPEPSIA WITH EXTREME NAUSEA, RHEUMATISM, &c.

*Rev. Abraham Jaeger, D. D., Professor in Kenyon College and in the Theological Seminary, Gambier, Ohio.*

"After having suffered for years the most severe attacks of heartburn and other symptoms of DYSPEPSIA, I became subject to a very distressing form of RHEUMATISM. ALKALINES freely administered by my physicians, for the latter affection, resulted in great injury to my STOMACH, so much so that in a few weeks it was in a *highly irritable condition, rejecting everything, medicines as well as food and drink.* Water could not be retained in the *smallest quantity*, and I began to regard my condition as hopeless. Providence, however, had provided a remedy. At the suggestion of Bishop Gregg, of Texas—in this condition—I made trial of the Buffalo Lithia Water, (Spring No. 2) which acted like magic, *promptly allaying the distressing Nausea, and restoring perfect digestion.* In a few months I was able to eat with impunity articles which I had been compelled to avoid for years previous. My RHEUMATISM was indirectly much benefited. I found the water an admirable TONIC and INVIGORATOR. The remarkable relief afforded by it in *extreme NAUSEA* in my own case, and also in the case of a student at the University of the South, Sewanee, Tennessee, suffering in like manner, so strongly impressed me with its value in this distressing condition that I telegraphed both Dr. Bliss and Mrs. Garfield, urging a trial of it in the case of the President."



# IRREGULAR AND DIFFICULT MENSTRUATION.

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## A YOUNG WOMAN TELLS HER OWN STORY OF SUFFERING AND RELIEF.

ELLCOTT CITY, MD., June 20, 1881.

"I am twenty years of age, and my MONTHLY SICKNESS has *always* been irregular, coming *twice*, and often *three times a month*, but never failing to put in an appearance every three weeks, and during these periods my sufferings were such as I can scarcely describe. As the result of this state of things my general health was broken down. *I was without appetite ; my digestion imperfect and painful ; my nervous system shattered ; my nights sleepless, and life a burden to me.* I had been treated unsuccessfully by several eminent medical men, when a few months ago I consulted Dr. E. J. Williams, of Baltimore, who prescribed for me the Buffalo Lithia Water, which has acted literally like a charm, and I am *regular now for the first time in my life* ; am in better general health than ever before. I think in a case like mine that this water, as a remedy, *stands alone ; has no rival.* I will add that there is that too in it which interests woman's vanity. Though used internally, its use for a few weeks gives *clearness* and *softness* to the *skin* and a healthful beauty to the complexion, not to be obtained from the cosmetics of the shops, and it may be most appropriately termed WOMAN'S ELIXIR OF HEALTH, BEAUTY AND HAPPINESS."

Very respectfully,

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## STATEMENT OF DR. WILLIAMS.

"I prescribed the Buffalo Lithia Water in the case of Miss——, above stated, the use of which for a few weeks restored the MONTHLY FUNCTION to a normal condition."

E. JONES WILLIAMS, M. D.,

17 Patuxent street, Baltimore, Md.

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The letter of this young lady is one of numerous similar testimonials to the remarkable efficacy of this water in DISTURBED CONDITIONS of the MONTHLY FUNCTION of WOMEN. This water is noted for its efficiency in the removal of PIMPLES, BLOTCHES and ERUPTIONS, and for giving *clearness* and *softness* to the *skin* and *beauty to the complexion.*

